



# PERSONAL SKILL

The Personal Skill Challenge Area is a chance for Gaisce participants to develop an existing skill or try something brand new. This is an opportunity for participants to explore an activity that interests them and to develop skills that they may have previously thought beyond their reach.

Here are some ideas for **Personal Skill** but it is not exclusive to these:

## MUSIC

- Learning an instrument
- Music production
- Composing
- Song writing
- DJing

## LIFE SKILLS

- Cooking
- Baking
- Counselling
- Meditation / mindfulness
- First aid
- Public speaking
- Language skills
- Navigation
- Computers / IT
- Young enterprise
- Journalism
- Writing skills
- Reading skills
- Genealogy

## SCHOOL BASED

- Programmes/modules that are not the core subjects (i.e. YSI, ECDL)
- Junk kouture
- Young scientist
- School council

## CREATIVE ARTS

- Photography
- Film & videomaking
- Graphic design
- Fashion design
- DIY
- Woodwork
- Drawing
- Painting
- Jewellery making
- Knitting / crochet
- Sewing
- Embroidery
- Food decoration
- Upcycling

## PERFORMANCE ARTS

- Circus Skills
- Juggling
- Magic
- Comedy
- Acting
- Drama
- Singing
- Rap
- Choir
- Script writing
- Poetry
- Spoken word
- Dance

## GAMES

- Cards
- Chess
- Darts
- Pool / snooker
- Table games

## OUTDOOR

- Agricultural work
- Conservation skills
- Gardening
- Meteorology
- Biodiversity

## ANIMALS

- Beekeeping
- Aquarium keeping
- Dog training
- Bird watching
- Horse care

## SCIENCE & TECHNOLOGY

- Astronomy
- Astronautics
- Ecology
- Electronics
- Science
- Coder dojo
- Web design
- App development

## Challenge Partners:

Gaisce has a wide range of Challenge Partners that young people can engage with to complete their Challenge Areas: <https://www.gaisce.ie/gaisce-challenge-partner/>