

COMMUNITY INVOLVEMENT

The Community Involvement Challenge Area is an opportunity for participants to volunteer with community groups and charities helping people, animals, the environment or communal activities, without getting paid. Gaisce is often a young person's first experience of volunteering and active citizenship.

Here are some ideas for **Community Involvement** but it is not exclusive to these:

In the community:

- TidyTowns
- Community garden
- Charity shop volunteer
- Animal shelter volunteer
- Walking elderly neighbour's dog
- Shopping for an elderly neighbour
- Joining a campaign group, e.g. climate action group
- Painting a mural
- Visiting a nursing home
- Church choir
- Youth club volunteer
- Girl Guide volunteer
- Scout volunteer
- Youth leadership course
- Volunteer with a community group

At school:

- Peer coaching
- Buddy / Mentoring
- Green Schools
- Amber Flag
- Yellow Flag
- Fundraising Committee
- School choir
- School drama production
- Peer reading
- Breakfast club volunteer
- Homework club volunteer
- Library volunteer
- Prefect
- School Council
- Community garden
- YSI / John Paul Award

In college:

- Join a society/club
- Get involved in students' union
- Join a choir / music group
- Helpline volunteer

Sports club:

- Peer Coaching with a sporting club (GAA, Athletics, Soccer etc.)
- Fundraising for a club / team
- Volunteer to help set up training, tidying up, cleaning dressing rooms etc.

Challenge Partners:

Gaisce has a wide range of challenge partners that young people can engage with to complete their challenge areas or get ideas: [Gaisce Challenge Partner - Gaisce](#)