

**The Adventure Journey** often proves to be the most memorable aspect of Gaisce for participants. It is an opportunity for you to plan, train for and complete an outdoor activity over a number of days/nights as part of a team. It is a unique, challenging and memorable experience that creates strong bonds between participants as well as the opportunity to develop self-sufficiency and leadership skills. Adventure Journeys can take place on land in the form of hiking or cycling, or on water, by canoeing or sailing. The Adventure Journey can be undertaken as an expedition or an exploration.

We now can offer a network of Approved Adventure Journey Providers to support you

## Here are some Ideas but it is not exclusive to these:

Approved Adventure Journey Providers

Achill OETC Baltinglas OETC Burren OETC Fastnet Marine (Schull) OETC Kilfinane OETC Kinsale OETC Petersburg OETC Shielbaggan OEC

## **Marked Trailways**

Wicklow Way Kerry Way Slieve bloom mountains Wild Atlantic Way Royal Canal way Grand Canal Way Ballyhoura Way **Barrow Way** Beara Way Blackwater Way **Bluestack Way Burren Way** Cavan Way Croagh Patrick Heritage Trail Dingle Way **Dublin Mountains** Way East Clare Way East Munster Way Hymany Way Leitrim Way Lough Derg Way Mid Clare Way Miners Way and

Historical Trail Monaghan Way Multeen Way Nore Valley Way North Kerry Way Offaly Way Royal Canal Way Sheep's Head Way Slieve Bloom Way Slieve Felim Way Sligo Way South Leinster Way Suck Valley Way Táin Way **Tipperary Heritage** Way Western Way Westmeath Way

## Greenways

The Great Western Waterford Limerick Boyne Great Eastern

## Bealach na Gaeltachta

Slí an Earagail Slí Cholmcille Slí Chonamara Slí na Finne Slí na Rosann Slí Gaeltacht Mhuscraí

Gaisce's priority is to ensure every young person has a quality Adventure Journey experience that reflects each individual's ability and personal circumstances. It is important to track the distance you are covering as well as taking photographs of your journey!

